


NOTTINGHAM SUPPORT GROUP FOR CARERS OF CHILDREN WITH ECZEMA

In association with : Nottingham University Hospitals 
NHS Trust

Written by Professor Hywel Williams, Dr Ruth Murphy, Dr Jane Ravenscroft, Nurse Consultant Sandra Lawton and parents on behalf of the Nottingham Support Group for Carers of Children with Eczema.

Food Allergy Information - Information for Parents

The main supermarkets can all provide lists of their products that are free from certain ingredients:

Asda	0500 1000 55
Co-op	0800 317827
Marks and Spencer	020 7268 6478 Ext 4038
Safeway	020 8970 3622
Sainsbury	0800 636262
Somerfield	0117 935 9359
Tesco	0800 505555
Waitrose	01344 824975 (Ask for a company nutritionist)

Customer Care-line details for other companies are sometimes printed on food labels.


The Leatherhead Food Intolerance Databank

This databank provides product information about many of the foods that commonly cause adverse effects. For more details contact:

Leatherhead Food Research	Telephone	01372 376761
Randalls Road	Fax	01372 386228
Leatherhead	Email	help@leatherheadfood.com
Surrey	Web	www.leatherheadfood.com
KT22 7RY		

For further advice please contact
Nurse Consultant Dermatology Sandra Lawton
Nottingham University Hospitals NHS Trust
Queen's Medical Centre
Clifton Boulevard
Nottingham
NG7 2UH

Email : pils@nottinghameczema.org.uk
Website : www.nottinghameczema.org.uk

For advice on support issues please contact the NSGCCE via the website
www.nottinghameczema.org.uk and click on the contact icon  at the
top of most pages or email us at enquiry@nottinghameczema.org.uk

website - www.nottinghameczema.org.uk

email - enquiry@nottinghameczema.org.uk